



Connected in Hope

Where We Learn, Connect, and find Healing Together

Conference 2026



Presented by The Victims of Homicide Society
in collaboration with the Parole Board of Canada

7:30AM - 8:30AM

BREAKFAST

8:30AM

OPENING
MEMORIAL
WELCOMING REMARKS

9:00AM - 10:00AM
KEYNOTE SPEAKER

ROGER BROWN
TITLE: FOUR PILLARS OF HOPE:
NAVIGATING TRAUMA TOGETHER

10:00AM - 10:30AM

BREAK

BREAKOUT 10:30AM - 12:00PM

CRIMINAL JUSTICE SYSTEM
TERESA STRONG-HOPE & DANIEL JONES
TITLE: OFFENDER VICTIM CROSSOVER

GRIEF & HEALING
KIM SILVERTHORN
TITLE: BLOOM WHERE YOU GROW

WELLNESS
LAUREN CLEVELAND
TITLE: RESILIENT, NOT INVINCIBLE

VICTIMS VOICE
TO BE ANNOUNCED

12:00PM - 1:00PM

LUNCH
MUSIC BY MATT DAY

BREAKOUT 1:00PM - 2:30PM

CRIMINAL JUSTICE SYSTEM
SCOTT NIBLOCK
TITLE: INSIDE THE COURTROOM HOW CASES
MOVE FROM ARREST TO SENTENCING

GRIEF & HEALING
SONIA ZIMMERMAN
TITLE: IT WASN'T ALWAYS LIKE THIS

WELLNESS
KIMBERLY KNULL
TITLE: WHEN GRIEF IS COMPLICATED: RELEASING
SHAME AND GUILT AFTER VIOLENT LOSS

VICTIMS VOICE
ALLISON BLISS, ABIGAIL SANCHEZ, SUSAN ADAIR-WOLF
TITLE: BEST PRACTICES AND THE IMPACT
VICTIM SERVICES CAN HAVE

2:30PM - 2:45PM

BREAK

2:45PM
KEYNOTE SPEAKER

MATT DAY
TITLE: THE HIDDEN POWER OF
MUSIC FOR SELF-CARE

8:00AM - 9:00AM

BREAKFAST

9:00AM - 10:00AM
KEYNOTE SPEAKER

COLLEEN MOONEY
**TITLE: WHEN GRIEF SHAKES YOUR FOUNDATION:
REBUILDING WITH HOPE AND CURIOSITY**

10:00AM - 10:30AM

BREAK

BREAKOUT 10:30AM - 12:00PM

CRIMINAL JUSTICE SYSTEM
MICHELLE GORING & KELLY SUMERAJ
TITLE: CORRECTIONS

GRIEF & HEALING
SARAH KAERSA
**TITLE: WE'RE STILL HERE: OVERCOMING
SURVIVOR'S GUILT AFTER A HOMICIDE LOSS**

WELLNESS
ROGER BROWN
**TITLE: STRONGER TOGETHER: A COMMUNITY
APPROACH TO TRAUMA AND RECOVERY**

VICTIMS VOICE - VOH PANEL: MARK, CHRISTINA, & GAYLE
MODERATED BY SUSAN ADAIR-WOLF
TITLE: VOICE OF THE VICTIM - THE LIVED EXPERIENCE

12:00PM - 1:00PM

LUNCH

BREAKOUT 1:00PM - 2:30PM

CRIMINAL JUSTICE SYSTEM
FERRAH YEAGER
**TITLE: BEHIND THE TAPE: THE REALITY OF
HOMICIDE AND COLD CASE INVESTIGATIONS**

GRIEF & HEALING
FRANCOIS ROY
TITLE: POST-TRAUMATIC STRESS AND SLEEP

WELLNESS
SONIA ZIMMERMAN
**TITLE: "NOT MY STORY, NOT MY BAGGAGE," BUT I
SEEM TO BE CARRYING IT AROUND ANYWAY**

VICTIMS VOICE
KAREN WIEBE
TITLE: NO SUCH THING AS CLOSURE

2:30PM - 2:45PM

BREAK

2:45PM
KEYNOTE SPEAKER

AMANDA LINDHOUT
**TITLE: BEYOND SURVIVAL: HEALING, GROWTH,
AND THE POWER OF THE HUMAN SPIRIT**

Day 1 - Topic Descriptions

MAY 4TH 2026
7:30AM - 4:30PM

ROGER BROWN

TITLE: FOUR PILLARS OF HOPE: NAVIGATING TRAUMA TOGETHER

A decade after an active shooter brought a city to a standstill, requiring 72 hours of intense law enforcement response before an arrest, the community continues to grapple with enduring grief and trauma while seeking to better support victims and strengthen collective wellness. The key lesson is that justice, corrections, victim services, and community healing must work as integrated responsibilities—not separate systems—to move beyond crisis response toward meaningful accountability, prevention, and restoration of hope.

CRIMINAL JUSTICE SYSTEM

TERESA STRONG-HOPE & DANIEL JONES

TOPIC: OFFENDER VICTIM CROSSOVER

GRIEF & HEALING

KIM SILVERTHORN

TOPIC: BLOOM WHERE YOU GROW

For such a simple concept, the search for true happiness can be quite elusive. The more we chase it, the harder it seems to be to find. People often feel as though finding happiness is dependent upon the circumstances around them, and this lack of control over external factors lessens their ability to feel the happiness within. This session will help participants understand how to recognize what will truly make them happy, and provides steps that can be taken to create this satisfaction, joy and purpose in life, regardless of the challenges that also exist."

WELLNESS

LAUREN CLEVELAND

TOPIC: RESILIENT, NOT INVINCIBLE

This psychologically safe workshop reframes mental health for first responders as essential to performance, longevity, and identity protection—not weakness. Participants will explore the cumulative impact of stress, moral injury, and nervous system overload using the Mental Health Continuum to recognize early warning signs, gain practical regulation tools (focused on maintenance, not meditation), and create a personalized 90-day micro-action plan for sustainable wellness.

No personal sharing required—attendees will leave with immediate strategies to support resilience, insight into their own wellness patterns, and the reinforced message that seeking support is leadership, making this ideal for first responders at any career stage who want to protect their health and continue serving with strength and integrity.

VICTIMS VOICE

TO BE ANNOUNCED

TOPIC: TO BE ANNOUNCED

Day 1 - Topic Descriptions

MAY 4TH 2026
7:30AM - 4:30PM

CRIMINAL JUSTICE SYSTEM
SCOTT NIBLOCK

TOPIC: COURT SYSTEM

Inside the Courtroom: How Cases Move from Arrest to Sentencing offers a behind-the-scenes look at what really happens from the initial arrest through bail, disclosure, court appearances, trial or resolution, and ultimately sentencing, this presentation walks participants step-by-step through the criminal justice process.

GRIEF & HEALING
SONIA ZIMMERMAN

TOPIC: IT WASN'T ALWAYS LIKE THIS

Capacity isn't fixed—it shifts, increasingly so in response to stress, grief, and ongoing exposure to trauma. This is not a flaw but rather a part of being human. This session explores the physical, cognitive, emotional, and relational factors that influence our ability to manage daily responsibilities and engage with activities and people we once enjoyed. Participants will gain insight into their own experiences through the evidence and research shared, reflect privately on their current capacity, and be introduced to self-compassion and acceptance in a way that can feel useful. It will emphasize the idea of 'small actions'. No personal sharing is required; reflection will be individual and confidential.

WELLNESS
KIMBERLY KNULL

TOPIC: WHEN GRIEF IS COMPLICATED: RELEASING SHAME AND GUILT AFTER VIOLENT LOSS

Losing a loved one to murder creates a kind of grief that is often isolating and misunderstood. This keynote gently explores the hidden layers of shame and guilt that survivors carry—questions of “what if,” self-blame, and the pressure to be strong. Through compassion, validation, and grounded psychological insight, participants will be invited to soften self-judgment and begin separating responsibility from love.

VICTIMS VOICE
ALLISON BLISS, ABIGAIL SANCHEZ, SUSAN ADAIR-WOLF

TITLE: BEST PRACTICES AND THE IMPACT VICTIM SERVICES CAN HAVE

Support by Victim Services Advocates can impact in positive ways the awful experience of losing someone to murder and the journey that follows. This presentation will include a discussion with a co-victim and a victim services advocate. The conversation will include best practices and the impact they can have on co victims

MATT DAY

TITLE: THE HIDDEN POWER OF MUSIC FOR SELF-CARE

Matt shares research-informed insights and practical ways individuals can use music intentionally in everyday life, not as performance, but as support for grief, stress, memory, grounding, and gentle self-healing. This session invites participants to explore how music can help steady the inner world during difficult seasons and provide moments of strength, reflection, and renewed hope.

Day 2 - Topic Descriptions

MAY 5TH 2026
7:30 - 4:30PM

COLLEEN MOONEY

TITLE: WHEN GRIEF SHAKES YOUR FOUNDATION: REBUILDING WITH HOPE AND CURIOSITY

Tools to Help Us Rise, Set Boundaries, and Begin to Expand Again

CRIMINAL JUSTICE SYSTEM

MICHELLE GORING & KELLY SUMERAJ

TITLE: CORRECTIONS

An Overview of Correction Services Canada and the Parole Board of Canada, and Victim Services and Rights

GRIEF & HEALING

SARAH KAERSA

TITLE: WE'RE STILL HERE: OVERCOMING SURVIVOR'S GUILT AFTER A HOMICIDE LOSS

"We're Still Here" is a gentle, survivor-centered presentation that explores survivor's guilt among co-victims of homicide, normalizing the difficult emotions, self-blame, and questions of "why am I still here when they are not?" that often arise after violent loss. Participants will learn what survivor's guilt is, how it manifests emotionally and physically, and will be offered practical coping tools, grounding strategies, and pathways toward self-compassion that honor the person who died while supporting the life that continues in a trauma-informed, validating space.

WELLNESS

ROGER BROWN

TITLE: STRONGER TOGETHER: A COMMUNITY APPROACH TO TRAUMA AND RECOVERY

We have all heard this announcement.....

"In the unlikely event on an emergency, an oxygen mask will drop down from the panel above your head. Ensure your mask is properly secured before assisting others" What can you do for yourself and your team to ensure wellness and mental health is at the forefront of your decision making? This session will focus on just that through case studies and real life examples.

VICTIMS VOICE - VOH PANEL: MARK, CHRISTINA, & GAYLE

MODERATED BY SUSAN ADAIR-WOLF

TITLE: VOICE OF THE VICTIM - THE LIVED EXPERIENCE

Join us for an open and compassionate discussion on the unique lived experience of loss through murder. We will explore trauma, grief, identity shifts, survivor guilt, and the long-term emotional impact, while creating space for understanding, validation, and hope. 3 individuals who have lost loved ones to homicide will share their journeys

CRIMINAL JUSTICE SYSTEM

FERRAH YEAGER

TITLE: BEHIND THE TAPE: THE REALITY OF HOMICIDE AND COLD CASE INVESTIGATIONS

Have you ever wondered what happens behind the scenes of a homicide or historical homicide investigation? This workshop offers insight into the investigative process, including the methods used, the safety measures in place, and the strict protocols and rules that must be followed.

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Day 2 - Topic Descriptions

MAY 5TH 2026
7:30 - 4:30PM

GRIEF & HEALING
FRANCOIS ROY

TITLE: POST-TRAUMATIC STRESS AND SLEEP

Post-traumatic stress frequently leads to sleep disturbances such as insomnia and nightmares. We will review the research on medications such as Prorazin, Propranolol, Ketamine, and MDMA. We will also review the literature for psychotherapies such as EMDR, trauma-informed CBT, Cognitive Processing Therapy, Imagery Rehearsal Therapy, and group CISD. Coping strategies to be considered will include: prevention, stress management, sleep hygiene, and promoting resilience.

WELLNESS
SONIA ZIMMERMAN

TITLE: "NOT MY STORY, NOT MY BAGGAGE," BUT I SEEM TO BE CARRYING IT AROUND ANYWAY

This session defines secondary traumatic stress, empathic strain/compassion fatigue, and burnout for professionals repeatedly exposed to traumatic content—including those in law, judicial systems, funeral services, evidence labs, healthcare, and emergency communications—and introduces risk and protective factors along with practical strategies to recognize signs in themselves and colleagues. Participants will learn that trauma exposure impact is a normal human response rather than a personal failing, and will gain tools to support sustainable capacity and minimize the effects of repeated secondary trauma exposure.

VICTIMS VOICE
KAREN WIEBE

TITLE: NO SUCH THING AS CLOSURE

Karen Wiebe lost her beloved son, TJ, in 2003 through murder. Neither Karen nor her family members had ever experienced anything so totally devastating, and in the 23 years since TJ's death have worked hard to find ways to survive and carry on with meaningful lives. Regardless of the sentence that the offender may end up with, the victim's family end up with a life sentence. Karen will speak about the fact that there is no such thing as closure, as that "c" word implies that something is over and in the past. The incredible loss of a loved one, in Karen's case a son, will never be over. In this session, Karen will speak about how one survives such an experience and is able to carry on.

AMANDA LINDHOUT

TITLE: BEYOND SURVIVAL: HEALING, GROWTH, AND THE POWER OF THE HUMAN SPIRIT

Kidnapped and held hostage for 460 days in Somalia, Amanda Lindhout endured unimaginable suffering before finally regaining her freedom. What would have broken most people beyond recovery has become a new foundation for the person she is today. And because of this experience, Amanda presents a masterclass in healing and resilience that can help all of us navigate challenges we never expected.

Upon her return to North America, a diagnosis of complex PTSD reshaped Amanda's world. Triggers were everywhere, and her symptoms so severe that she often couldn't leave her home. For years, trauma continued to hold her captive. At her lowest point, a simple set of words sparked a dramatic shift, offering her a way out of the darkness. Step by step, she embarked on an extraordinary journey to untangle the PTSD that had controlled her life. Through deep study, therapy, and personal exploration, she discovered transformative healing beyond conventional care—using mindset tools that ultimately put her PTSD into remission.

Today, Amanda is recognized as an expert in mental health, trauma recovery and healing. A New York Times bestselling author and sought-after speaker, she shares powerful insights that bridge science, lived experience, and practical strategies. Her message is not just about surviving trauma—it's about understanding it, moving beyond, and finding the tools to truly thrive in your life no matter what.

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Keynote Speakers



ROGER BROWN

Roger joined the RCMP at age 21 in Newfoundland and retired as Assistant Commissioner and Commanding Officer for New Brunswick in 2016, later serving as Chief of Police for Fredericton. A strong advocate for mental health who works with first responders, victims of crime, the homeless, and communities at large, he was inducted as an Officer of the Order of Merit of Police Forces in 2012 and recognized by CAMH as one of Canada's 150 Difference Makers in mental health in 2017, and continues to deliver speaking engagements on leadership and mental health.



MATT DAY

Matt Day is a professional musician who has performed across Canada and now specializes in using music as a tool for healing, regulation, and personal well-being after working in rehabilitation hospitals and community-based programs supporting people recovering from injury, illness, and emotional strain. His work sits at the intersection of art and wellness, informed by his Master's studies exploring how music influences our nervous system, emotional health, and sense of identity and safety.



COLLEEN MOONEY

Colleen Mooney is a mother and municipal police officer with over 25 years in public safety, including international peacekeeping in Ukraine and co-creating a reintegration program for personnel recovering from operational trauma. She is the founder of Consulting Durga, offering trauma-informed, play-based self-defense and safety programs, and has volunteered for 25 years with the University of Alberta's Play Around the World program, mentoring students in global citizenship locally and internationally.



AMANDA LINDHOUT

Amanda Lindhout is an unparalleled voice on resilience and transformation. Drawing on her experience of 460 days spent in captivity and subsequent recovery from complex PTSD, she demonstrates how to regain perspective and transition to sustained resilience even under profound stress. She moves far beyond the headline of her captivity, sharing insights others can immediately apply to their own lives to overcome change, uncertainty, and adversity at all levels. Amanda's expertise is grounded not only in lived experience but also in years of collaborating with professionals who study the science of resilience—work that has helped shape her understanding of how hardship can be transformed into growth. Her New York Times bestselling memoir, *A House in the Sky*, has remained a Top 10 title for more than a decade.

Speakers



SUSAN ADAIR-WOLF

Susan Adair-Wolf is a Victim Advocate with 34 years of experience, specializing in supporting co-victims of homicide for the past 20 years through crisis intervention, compassion, and evidence-based practices. Trained in advanced Critical Incident Stress Management (CISM), Post-Trauma Syndrome, and Spiritual Care in Crisis Intervention through the Critical Incident Stress Foundation at the University of Maryland, she facilitates support groups for the Victims of Homicide Support Society and serves on its Board of Directors, guiding families through the justice system and their grief and recovery journey.



ALLISON BLISS

Allison Bliss is a Volunteer Victim Advocate with over 18 years of experience providing trauma-informed support, court accompaniment, and advocacy to co-victims of homicide and victims of high-harm crimes through organizations like the Victims of Homicide Support Society. With specialized training in critical incident response and stress management, she offers practical assistance and compassionate emotional support to families navigating the complex journey of traumatic grief and loss.



CHRISTINA BRUNO

My name is Christina Bruno and almost 5 years ago my entire world was turned upside down. On Friday, August 13th, 2021 my sister Lyndsay Bruno was murdered by her ex-boyfriend. It's been a long and painful journey but I've found strength, hope and courage through my mom Shannon Bruno and my nephews, and I feel connected to my sister's spirit in nature knowing she is watching over us. When I'm not working I help care for my sister's special dog Bella, a sweet and energetic Aussie who was with my sister in her final moments, and my 13-year-old Cocker Spaniel Sterling, who likes to steal Bella's treats. Walks with these 2 pups can be chaotic to say the least!



LAUREN CLEVELAND

Lauren Cleveland is a former corrections officer, the wife of a police officer, and a mental health advocate who was medically retired in 2015 after being diagnosed with PTSD from the cumulative impact of chronic stress and moral injury in her career. Today, she is the founder of a non-profit supporting first responder families and works with the Mental Health Commission of Canada and Opening Minds to deliver The Working Mind First Responder program nationwide, using her lived experience to challenge stigma and empower first responders to view help-seeking as a strength.

Speakers



MARK FAWCETT

Hello, my name is Mark Fawcett. My son Chris was murdered nine and a half years ago on October 22, 2016. There is not a day goes by that my wife Wendy, Chris's brothers Ryan and Jordan, and myself don't think about and miss Chris. We are living a life sentence of never seeing our kind and gentle son and brother again. We live in Edmonton with our two dogs that don't get nearly as many walks as they think they deserve.



GAYLE HANSCOM

My name is Gayle Hanscom. After the murder of my husband, Don, I became involved with a victims of homicide support group, where I have now been a member for 17 years and serve on the board. Through my journey, I've found purpose in supporting others who are facing similar loss. I am a proud mother and grandmother, and my family means everything to me and are my greatest source of strength.



MICHELLE GORING



DANIEL JONES

Dan started his career in the justice system working in corrections where he worked in both federal and provincial corrections for 3 years. He then joined the Edmonton Police Service and retired after 25 years of service. He worked in General Patrol, Foot Patrol, Undercover Operations and Gang Unit as a Constable, Professional Standards Branch, and Homicide Section as a Detective, General Patrol as a Staff Sergeant, as well as Investigative Support Branch Downtown Division Patrol and Research as an Inspector. He earned a Master's Degree in Applied Criminology and Police Management from the University of Cambridge where his research focused on the victim/offender overlap and the impact that trauma has on the justice client. He is Currently the Chair of Justice Studies at NorQuest College.

Speakers



SARAH KAERSA

Sarah Kaersa is a Registered Psychologist with over 10 years of experience specializing in grief, loss, and trauma who is dedicated to supporting children, teens, and adults navigating their unique grief journeys, including those who have lost loved ones to homicide, and currently serves as Program Manager for the Edmonton Healing Centre. She earned her Master of Education in Counselling Psychology from the University of Lethbridge in 2015, has worked as an Associate Professor in the Master of Counselling Program at City University of Seattle's Edmonton Campus for the last five years, and has published and presented research on grief, loss, and end of life at local, provincial, and national conferences.



KIMBERLY KNULL

Kimberly Knull is a Registered Psychologist, Dare to Lead™ facilitator trained by Brené Brown, and Co-Founder of Momentum Walk-In Counselling Society, a non-profit providing mental health services to those who would otherwise be unable to access quality care. She hosts The Overwhelm Cure podcast, was recognized as one of Avenue magazine's Top 40 Under 40, and serves as a parenting columnist and expert for local media outlets including CBC AM and 880 CHED Radio.



SCOTT NIBLOCK

Scott graduated from UBC law school in 1995 and was called to the British Columbia and Yukon bars in 1997, beginning his career in criminal defence before joining the Public Prosecution Service of Canada in 2001 and moving to Edmonton in 2003. His career includes serving as a prosecutor with Alberta Crown Prosecutions, advancing to Deputy Chief Crown Prosecutor and later Chief Prosecutor for the Edmonton Office until November 2025, with international assignments leading investigations and prosecutions for UN missions in Kosovo (2005) and Darfur (2013), prosecuting all types of criminal matters throughout Alberta.



FRANÇOIS ROY

François is a Registered Psychologist in Alberta since 1991 with a Master's degree in Counselling Psychology from the University of Alberta and 35 years of experience working with individuals, couples, and families, specializing in trauma, addiction, and energy psychology techniques including EMDR and Emotional Freedom Technique. He has facilitated trauma debriefings for workplace fatalities, disasters, and critical incidents for over 20 years, served as Team Lead on Health Canada's Psycho-social Emergency Response Team during the COVID-19 pandemic, and has worked with military personnel, veterans, First Nations communities, and as an Employee and Family Assistance Counsellor for 25 years.

Speakers



ABIGAIL SANCHEZ

Abigail volunteers at Victims of Homicide Support Society in Edmonton, Alberta. Her brother was murdered on August 26th 2022. Since his murder she has found healing in forgiveness, feeling her way through grief, and helping others. She owns a production company with her husband Jared, where she helps direct films that make a positive impact.



KIM SILVERTHORN

Kim Silverthorn is a registered Master Practitioner of Clinical Counselling and owner of Tacit Knowledge in Beaumont, with approximately 34 years of experience specializing in clients with unique needs such as First Responders, teaching staff, and Children's Services families. She is also the author of "Dear Tacit," a weekly mental health column that has been featured across Canada for the past decade.



TERESA STRONG-HOPE

I am an overcomer and I want the world to know that I am not just surviving, I am THRIVING! From abuse at eight, addiction at twelve, gangs, hard drugs, prostitution, and twelve incarcerations including three Federal sentences, my past was dark and painful, but my last Federal sentence became the turning point where I embraced my Indigenous culture and Métis heritage and finally found the belonging I had always longed for. Today I am 20 years sober, 18 years out of the penitentiary, and all of my children are home and raised in a healthy, loving environment. A wise Elder once taught me that we are not our past, but our past can lead us into a beautiful journey if we listen, learn, and make healthy changes. I am living proof of that truth. Hiy Hiy



KELLY SUMERAJ

Kelly Sumeraj is the Regional Victim Services Manager (RVSM) with the Correctional Service of Canada (CSC) in the Prairie Region and has worked in the Victim Services Unit since August of 2016. She also has extensive experience in the criminal justice system, having worked in the Provincial, Queen's Bench, and Superior Courts located in Alberta, Manitoba and Ontario; as well as the Federal Court of Canada. Through her work, Kelly continues to engage community groups to obtain information on their services, as her passion is working to support victims through information and referral services.

Speakers



KAREN WIEBE

Karen Wiebe is the Executive Director of the Manitoba Organization for Victim Assistance (MOVA) and the mother of TJ Wiebe, who was murdered in 2003—a loss that transformed her from a retired teacher into a dedicated advocate for homicide victims' families. Drawing on her lived experience, she provides crucial support by meeting with families, attending court and parole hearings, advocating for systemic change at all levels of government, and through the TJ's Gift Foundation, speaking to thousands of Manitoba youth about making drug-free choices while helping victim families navigate a system most know nothing about.



FERRAH YEAGER

Raised in a small farming community in Saskatchewan and inspired to pursue policing while studying at the University of Saskatchewan, Ferrah Yeager joined the RCMP in 2002 and has since built a career spanning municipal, rural, and Indigenous policing across the central prairie provinces, including roles as a Major Crime and Federal Serious Organized Crime investigator. She currently serves as a supervisor of the Historical Homicide Unit in Edmonton, overseeing high-profile unsolved cases such as Project KARE and the homicide of Amber Tuccaro, and has volunteered with the Victims of Homicide Society as a police resource since 2022.



SONIA ZIMMERMAN

Sonia is an Edmonton-based psychologist who specializes in supporting individuals in trauma-exposed environments, including first responders, military personnel, veterans, and civilian trauma survivors, with expertise in trauma-related care, general mental health, and ADHD treatment. With over a decade of experience and graduate training in trauma from Lesley University, she now operates a private practice offering therapy, consultations, and education through presentations and workshops, prioritizing cultural humility and authenticity.